



North Region Coastal District Revere Beach Reservation

Department of Conservation and Recreation

January 2021 Programs

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Please follow all current COVID guidelines: [Mass.gov/COVID](https://www.mass.gov/covid) and dress for the weather including possible icy ground. For more information call (781) 656-1485 or email matthew.nash@mass.gov

Location: At DCR's Revere Beach Reservation on the lawn and nearby beach at Eliot Circle. Look for the lawn signs "DCR Public program today on the day of the program."

**Friday &
Saturday**

January 7 & 8

IMMERSE YOURSELF IN NATURE

10:00 am & 2:00 pm

Use your senses to enliven and enrich your experience of nature and discover how these invitations can amplify your peace, creativity and health. Each session is approximately 45 min to an hour in length. Be prepared for sitting, standing, and walking short distances. Bring a small chair, blanket, pillow or pad to sit on. Appropriate for Adults and Teens.

If you would like to receive regular emails about our current program schedule, please send a message to Matthew.Nash@mass.gov

North Region Coastal District
1 Eliot Circle, Revere, MA 02151 Tel. (781) 656-1485

coming events